

Veganuary Specials

- TOAST - ALL DAY

UNICORN HUMMUS MEETS AVOCADO 8.82

artisan sourdough bread, beet hummus, avocado, baby tomatoes, red onion, rocket, olive oil and sesame seeds

contains gluten, sesame

ROCK YOUR BREAKFAST TOAST 8.4

artisan sourdough bread, herby spread, baked beans, tofu scramble, mushrooms, house smoky bacon bits, spinach

contains gluten, soy

- BURGERS - FROM NOON

MAC N CHEESE BURGER 9.6

burger patty, mac n cheese, house smoky bacon bits, herby bread crumbs, lettuce, mayo and ketchup

contains gluten

CARAMELISED ONION BURGER * 9.6

burger patty, cheese, caramelised onions, smoky mushrooms, spinach and mayo

contains gluten

SATAY BURGER * 9.6

burger patty, cheese, salt & chilli sweet potato fries, zucchini noodles and satay sauce

contains gluten, peanuts, sesame

- SPECIAL CHIPS - FROM NOON

VEGAN POUTINE * 7.2

chips filled with cheese, house smoky bacon bits, garlic mayo, salsa, red onions, lettuce and jalapeños

contains gluten

- MEXICAN - FROM NOON

WHOLESOME SOUL BOWL * 9.9

fajita spiced black beans, smoky sweet potato fries, cauliflower rice, bell peppers, sweetcorn, shredded purple cabbage, lettuce, coriander and creamy house jalapeño sauce

contains soy

SEEDS SOFT TACOS 9.3

fajita spiced black beans, smoky sweet potato fries, cheese, salsa, sweetcorn, , lettuce, coriander and creamy house jalapeño sauce

contains soy, gluten

- COMFORT - FROM NOON

TUNA AND CHEESE BAKED TATTIE* 8.4

baked tattie filled with cheese, home made mouth watering tuna mayo and melted spread served with side salad

contains mustard, soy

BANGERS AND MASH * 9.9

creamy mash, Cumberland style sausages, peas served with red onion gravy

contains soy

MAC N CHEESE CHIPS 7.2

chips filled with mac n cheese, house smoky bacon bits and herby bread crumbs

contains gluten

If you have an allergy or dietary restriction, please let one of our team know!

* gluten free option available