



CLASSICS

AVAILABLE 12- CLOSE

- FRESH -

MAINS

* SATAY BOWL 14.31

pan-fried tofu strips tossed in peanut satay sauce served on courgette noodles, red cabbage, spinach, carrot, rocket, with spring onion, crushed peanut and chilli flakes

contains peanuts, soya, sesame

* GREEN GODDESS BOWL 14.10

pan-fried tofu, spinach, lettuce, rocket, char-grilled broccolini, courgette noodles and quinoa served with a maple tahini dressing and topped with sesame seeds

contains sesame, soya, mustard

* FALAFEL SOUL BOWL 14.10

homemade falafel and hummus, roasted curried chickpeas, spinach, red cabbage and carrot with cucumber, mango chutney and sesame seed

contains sesame

* NOURISH BOWL 14.10

chicken-style strips sautéed with a sticky sesame and tamari sauce and served with rice noodles, lettuce, carrot, rocket, cucumber and spinach topped with coriander and sesame seeds

contains wheat, soya, sesame

SIDES

* SALAD 3.99

a mix of fresh greens and raw vegetables dressed with olive oil and seasoning

contains sesame in garnish, can be removed

SPINACH GYOZA

served with ginger garlic tamari and sesame seeds. Choose to have the gyoza fried or steamed.

contains wheat, soya, sesame

7.2

- COMFORT -

MAINS

* BEYOND CHEESE BURGER 15.51

Beyond burger patty on a toasted brioche bun topped with Violife cheese, tomato, lettuce, gherkin, red onion, garlic mayo and ketchup. Served with our hand-cut chips.

contains wheat

BEYOND BBQ BURGER 15.51

Beyond burger patty on a toasted brioche bun topped with Violife cheese, homemade seitan bacon, battered onion rings, lettuce, jalapeños, BBQ sauce and garlic mayo. Served with our hand-cut chips.

contains wheat, soya

MAC N' CHEESE BOWL 14.10

macaroni tossed in a plant-based cheese sauce, served with warm sourdough bread and herby garlic spread

contains wheat, soya

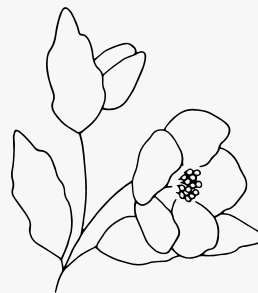
SIDES

- * CHIPS 4.9 regular
- 5.1 smoky (contains gluten)
- 5.64 salt & chilli

BUFFALO CAULIFLOWER

7.2 regular, served with garlic mayo and sriracha, contains gluten

7.62 salt & chilli, served with tamari contains gluten, soya



YOU'LL NOTICE A FEW CHANGES ON OUR CLASSICS MENU....

to try and combat our wastage, we've removed avocado from our bowls (but they are still able to be added for £2.10!). If you feel like you've ordered too much, please ask for a takeaway container to enjoy later.

DO YOU HAVE AN ALLERGY,
OR INTOLERANCE?

Please speak with a member of our front of house team if you have any allergies or dietary requirements!

* If you are gluten free, please look for the * next to our dish names. This means they can be adapted to contain non-gluten ingredients.