



Seeds Burgers

FROM 11 AM

THE MAPLE MUSTARD BLAZE 10.5

burger patty, cheese, salt n chilli roasted sweet potatoes, rocket & mustard maple sauce

contains wheat, gluten, mustard

BBQ BURGER 10.5

burger patty, cheese, house bacon, battered onion rings, lettuce, jalapeños, BBQ sauce and garlic mayo

contains wheat, gluten, soy

CARAMELISED ONION BURGER 10.5

burger patty, cheese, caramelised onions, smoky mushrooms, spinach and mayo

contains gluten, wheat

SATAY BURGER 10.5

burger patty, cheese, zucchini noodles, carrot ribbons, spring onions, purple cabbage crushed peanuts, chilli flakes and satay sauce

contains gluten, peanuts, sesame, soy

Sides

BUFFALO CAULIFLOWER

regular, served with garlic mayo & sriracha, contains gluten, wheat

7.9

salt & chilli, served with garlic mayo

8.2

contains gluten, wheat

SALAD *

a mix of fresh greens & raw vegetables dressed with olive oil

4.2

CHIPS *

regular

4.6

5

smoky

5.3

salt & chilli

ONION RINGS

regular, contains gluten, wheat

5.6

smoky, contains gluten, wheat

5.9

salt & chilli contains gluten, wheat

6.3

GARLIC BREAD

4.9

toasted sourdough bread with garlic herb butter

contains gluten, soy, wheat

Soup of the day * 6.9

Served with toasted sourdough bread with herby butter or house croutons

Please ask your server what soup we have today

contains wheat, gluten

dips

house mayo, house garlic mayo, house satay, sweet chilli sauce, sriracha 0.99

add-ons

sausage, scramble, mushrooms, beans, hash brown, falafel, bacon 1.1

tofu, cheese, GF bun 1.50

burger patty 3

If you have an allergy or dietary restriction, please let one of our team know!



NGCI option available